

I Promise Because I Matter!

As a promise to myself and those who care about me, I pledge not to use tobacco and if I currently use tobacco, I pledge to quit using tobacco today. I make this pledge of my own free will.

Signature _____



TOBACCO REALITY UNFILTERED

By signing this form, permission is granted to the NC Health & Wellness Trust Fund Commission to use the information provided for internal and promotional use in support of this campaign.

Name _____

Gender _____ Age _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

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